

IRIS'S CAFÉ

Every Thursday at 12:30 - \$7.50 per person, all luncheons include coffee & dessert, reservations required by Wednesday

salad

- Sept. 9 Poached salmon w/ yogurt dill sauce, rice pilaf w/ peas & veggies
- Sept. 16 Mediterranean chicken & rice casserole w/ fresh tomato and green beans, mixed green salad
- Sept. 23 Clam cakes w/ remoulade, baked bean casserole, cole slaw
- Sept. 30 Vegetarian lasagna w/ light alfredo sauce & parsley pesto, spinach salad
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- Oct. 7 Chicken broccoli and mushroom stir fry w/ rice
- Oct. 14 Meatloaf, mashed potatoes, gravy and peas
- Oct. 21 Baked cod w/ lemon caper sauce, mixed roast vegetables
- Oct. 28 Pureed butternut squash soup, barley pilaf w/ mushrooms and spinach

SOUPS

- Sept. 27 Portugese Kale
- Oct. 4 Asian Vegetable
- Oct. 12 Beef Barley w/ mushrooms (Holiday)
- Oct. 18 Chicken Noodle
- Oct. 25 Minestrone