

SUPER RECYCLERS OF WELLFLEET!



Brought to you by:

Wellfleet Recycling Commission & AmeriCorps Cape Cod



AmeriCorps Cape Cod



Barnstable County

Super Recyclers is a way to empower our community to reduce, reuse, and recycle more and waste less by sharing information.

To become a Super Recycler, please read this information on how to recycle almost *anything* you might have, and how to consume in a way that will reduce waste.

If you have other ideas on how to recycle other items, please send them to the Wellfleet Recycling Commission at recycling.commission@wellfleet-ma.gov

Super Recyclers unite!

Thanks to Earth911.com and massrecyclerspaper.org for the recycling information.

The list is divided into three main categories: BASIC, SPECIALTY, AND HAZARDOUS. There is some overlap in the categories.

There are also alternatives to recycling or giving away your unwanted or waste items. You can sell things in your community using <http://capecod.craigslist.org/> or www.massmaterialtrader.com/. You can also use a lot of recyclables for arts and crafts and home construction projects.

www.Earth911.com has a lot of articles about creative ways to reuse common items.

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Glass	Electronics	Household	Hazardous Waste
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Plastic	Automotive	Water	
Metal			

BASIC RECYCLABLES

GLASS

- **Bottles and jars** - Accepted at Wellfleet Transfer Station/Recycling Center
- **CFL (Compact Fluorescent Lamps) light bulbs** - Hazardous and must be disposed of safely at the Transfer Station's Universal Waste Shed. Handle with care, these bulbs contain mercury. See attendant for more information.
- **Mirrors** - Not recyclable and must be disposed of in the trash (if small enough) or with construction waste. Mirrors make lovely additions to gardens or other art projects.
- **Windows** - Not recyclable, and must be disposed of with construction waste. There are lots of ways to reuse windows, though: For construction of garden cold frames or for art projects.

PAPER PRODUCTS

All of these kinds of paper can be recycled at the Transfer Station/Recycling Center.

Yes, these items are accepted with your paper products

Paper Clips

Staples

Plastic envelope windows

Metal spiral notebooks

Self-stick labels

- Booklets
- Books
- Boxes – for office supplies, like paper clips
- Boxes – cereal, shoe, cracker, pasta, etc.
- Boxes – with plastic windows
- Brochures – including glossy
- Calendars
- Cardboard – corrugated and paperboard
- Catalogs
- Charlie cards – paper MBTA tickets
- Clasp envelopes
- Colored paper
- Construction and Kraft paper
- Cover and card stock, index cards
- Envelopes – with plastic windows and/or labels
- File folders
- Flyers
- Glossy paper
- Greeting cards
- Lottery tickets
- Mail
- Magazines
- Mat board – used in picture framing
- Math paper – graph and ledger, etc.
- Newspapers – with or without inserts
- Newsprint
- Office and copy paper
- Packing paper
- Pamphlets
- Paper – lined and white
- Paper – fax

- Paper bags – brown and white
- Paper bags – with handles
- Paper towel and toilet paper tubes
- Phone Books
- Post-it notes
- Receipts
- Shredded paper in paper bags
- Spiral notebooks
- Writing tablets

PLASTIC

Look for the recycling number, typically located on the bottom of the container, to see if it can be recycled. The numbers look like this:



- **Plastic # 1, 2, 3, 4, 5, 7** - Accepted at Transfer Station/Recycling Center
- **Plastic # 6** – This common plastic known as Expanded Polystyrene Foam is more difficult to recycle than other plastics. Unfortunately, the Wellfleet Transfer Station/Recycling Center does not accept this plastic.

Plastic # 6 can be taken or mailed to:

FP International

4 St. Mark Street, Auburn,

Polyfoam Corporation

2355 Providence Road,

Conigliaro Industries

701 Waverly Street, Framingham, MA 01702-8512

Foam Concepts Inc

44 Rivulet Street, Uxbridge, MA 01569-3134



MA 01501-3237

Northbridge, MA 01534

- **Plastic bags** - Can be recycled at participating grocery stores across Cape: Star Market (Shaw's) and Stop & Shop both accept plastic bags. Closest locations are in Orleans and Provincetown:

Shaw's

9 West Road, Orleans, MA 02653

Stop & Shop

10 Route 6A, Orleans, MA 02653or

56 Shank Painter Road, Provincetown, MA 02657

Types of Plastic Bags Accepted

- Polyethylene single use shopping bags – remove handles if they are not continuous
 - Produce bags
 - Overwraps for toilet tissue, paper towel, napkins, diapers, cases of bottled beverages, etc
 - Ziploc bags
 - Newspaper bags
 - Dry cleaning bags
 - Bread bags – remove wire ties and hard plastic fasteners
 - Stretch film / pallet wrap
 - Furniture wrap
 - Electronics shipping bags
-
- **PVC** – This hard white plastic must be thrown away in the construction pile at the Transfer Station/Recycling Center due to the toxins it emits when heated. Reuse all PVC instead of trashing it!

METAL

NOTE: Wellfleet takes most scrap metals

- **Aerosol Can** - Can be recycled with metal **if empty**
- **Aluminum Foil** - Best if reused.
- **Steel & Iron** - Accepted at Transfer Station/Recycling Center, to see if metal has iron, see if a magnet attracts to it!
- **Wire Hangers** - Accepted at Transfer Station/Recycling Center

SPECIALTY RECYCLABLES

If any of your unwanted household items still function, consider donating them to local charities or thrift stores which benefit important causes. The Massachusetts Department of Environmental Protection has a list of state-wide options for donation and reuse. Visit their website at:

<http://www.mass.gov/dep/recycle/reduce/donation.htm>

ELECTRONICS

NEW! The Wellfleet Elementary School now accepts inkjet & laser cartridges, digital media, and laptops.

CDs & DVDs - If still useable, can be dropped at the Swap Shop, or donated to organizations such as Got Books Inc., that have multiple pickup sites on Cape Cod:

Tony Kent Ice Arena 8 South Gages Way, South Dennis, MA 02660

Transfer Station 97 Sam Ryder Rd, Chatham, MA 02633

Probate Court/Registry of Deeds 3195 Main St, Barnstable, MA 02630

Visit www.Gotbooks.com for more locations

CDs and DVDs can also be mailed to the CD Recycling Center of America:

Compact Disc Recycling Center of America 68H Stiles Road, Salem, NH 03079

Visit www.cdrecyclingcenter.com for more information

Cellular phones - Collected at the Wellfleet Elementary School.

Many local cell phone companies also accept old phones. Cell phones are also accepted at Staples in Orleans and the Truro Transfer Station.

Wellfleet Elementary School : 100 Lawrence Road Wellfleet, MA 02667

Staples : Orleans Marketplace, 136 Route 6A, Orleans, MA 02653

Truro Transfer Station: 115 Route 6, Truro, MA 02666

Electronic Appliances and Machines - Kitchen appliances, radios, VCRs, Computers, etc, usually cost a fee to recycle, ranging from \$5 to \$10. These items can also be donated or sold using outside agencies, even if the product does not work. Check out <http://www.gazelle.com> or <http://www.myboneyard.com> for more information.

Ink jet Cartridge - Can be dropped off at the Wellfleet Elementary School, the Truro Transfer Station, or Staples in Orleans. Staples even offers \$2 off your next purchase for recycling cartridges.

Staples: Orleans Marketplace, 136 Route 6A, Orleans, MA 02653

MP3 players - Most manufacturers will accept old players free of charge if you mail them in. Take iPods to your nearest Apple store and receive 10 percent discount on your next iPod purchase. Best Buy in Barnstable accepts them as well.

Best Buy 793 Iyannough Road, Hyannis, MA

Video game materials - Games can be donated to swap shops or used game stores. Compact disc games can be mailed to CD recycling center of America.

Compact Disc Recycling Center of America 68H Stiles Road, Salem, NH 03079

HOUSEHOLD

- **Bicycles** - Accepted at the Transfer Station/Recycling Center in the metal recycling area.
- **Clothing and Textiles** – There are specific Salvation Army donation bins at the Transfer Station for textile products. Clothing can also be brought to local thrift stores across the Cape: AIM Thrift Shop
305 Main Street, Wellfleet, MA 02667
Mass Appeal 2393 State Highway (Rte 6), Wellfleet, MA 02667
- **Furniture** - Accepted at the Transfer Station/Recycling Center
- **Sports Equipment** – Can be donated to the Swap Shop or local charities. You can also sell your equipment to Play It Again Sports, located in Hyannis.
Play It Again Sports 25 Iyannough Road
- **Eye Glasses** -- Can be dropped off at Pearle Vision Center or Lenscrafters in Barnstable.
Pearl Vision 768 Iyannough Road, Hyannis, MA 02601
Lenscrafters 1070 Iyannough Rd Rte 132, Hyannis
- **Holiday Lights** - Holiday LED's offers a recycling lights program: www.holidayleds.com. These lights will be properly recycled and you can receive a purchase discount with the company.
HolidayLEDs.com Recycling Program 118 Rosehill Dr Suite 1, Jackson, MI 49202
- **Instruments** - Accepted at the Swap Shop or at thrift stores.
AIM Thrift Shop 305 Main Street, Wellfleet, MA 02667
- **Shoes** - Accepted at the Salvation Army donation bins at the Transfer Station/Recycling Center. Also accepted at most thrift stores if the shoes are in acceptable condition.
- **Toys** - Accepted at the Swap Shop if still in decent condition.

CONSTRUCTION & DEMOLITION

- **Bricks and cement blocks** – Can be reused for home and garden projects.
- **Scrap metal, metal pipes, etc.** – The Wellfleet Transfer Station has a specific metal area to recycle construction metal.
- **Scrap Wood** – The Town of Wellfleet sponsors a wood recycling program to recycle leftover wood. The Transfer Station/Recycling Center accepts any wood that is not painted, pressurized, or treated. Visit Wellfleet's wood recycling page for more information by [clicking here](#).
- **Tools** – Unused tools can be brought to the Wellfleet Swap Shop.

GARDEN & YARD

- **Branches** - Accepted at the Transfer Station/Recycling Center.
- **Christmas Trees** - Accepted at the Transfer Station/Recycling Center.
- **Fertilizers, Herbicides, and Pesticides** - Some of these are hazardous and must be disposed of safely at hazardous waste drop off days. Check extension website for more information: <http://www.capecodextension.org/Hazardous-Waste-Water-Quality/>

PLEASE NOTE: To learn more about alternatives to these strong chemicals, go to www.greencape.org

- **Compost/Food Scraps** - Can be composted at home. For more information on how to start your own composting site, visit the Massachusetts Department of Environmental Protection website: [Home Composting](#)
- **Grass and Leaves** - Accepted at the Transfer Station/Recycling Center

AUTOMOTIVE

- **Auto Bodies and Parts** – these are accepted in Dennis at Center Street Auto Wreckers Inc. Call before bringing parts: (508) 398-8988. Or, consider donating your car (even if it doesn't move) to a local charity.
Center Street Auto Wreckers Inc.: 524 Center St, South Dennis, MA 02660


Visit <http://www.donateforcharity.com/massachusetts.html> to learn how to donate your car in Massachusetts. Pick from a variety of charities and causes.

- **Car Batteries** - accepted at Transfer Station/Recycling Center
- **Car Fluids/Fuel/Oil Filters** - Some of these are hazardous and must be disposed of safely at hazardous waste pick up days. Check the Cape Cod Cooperative Extension website for more information: <http://www.capecodextension.org/Hazardous-Waste-Water-Quality/>
- **Motor Oil** - accepted at Transfer Station/Recycling Center
- **Tires** - accepted at Transfer Station/Recycling Center

WATER

Rain Water can be collected and used for gardening purposes using rain barrels. These barrels can be purchased online at www.nerainbarrel.com. To order, call: (877) 977-3135 toll free.

HAZARDOUS MATERIALS



The Cape Cod Cooperative Extension holds Hazardous Collection events throughout the year, in different locations across Barnstable County. For more information and dates, [Click Here](#). Or call a Cape Cod Extension Educator at (508) 375-6699.

Some hazardous materials may be collected at the Wellfleet Police Department. Please contact them prior to transporting these materials, (508) 349-3702

List of Hazardous Materials

Unless otherwise noted, all materials can be dropped off at a Cape Cod Cooperative Extension sponsored Hazardous Collections event.

- Ammunition – Contact Wellfleet Police Department at (508) 349-3702
- Asbestos
- Compact Florescent Lamps (CFLs)
- Explosives – Contact Wellfleet Police Department at (508) 349-3702
- Firearms – Contact Wellfleet Police Department at (508) 349-3702
- Fireworks – Contact Wellfleet Police Department at (508) 349-3702
- Fire Extinguisher
- Flares
- Florescent Bulbs
- Freon
- Lead
- Mercury – Devices containing this material can be dropped off at the Universal Waste Shed at the Transfer Station or at a Hazardous Collection event.
- Oil Based Paints
- Paint Thinners
- **Pharmaceuticals (see below for details)**
- Photographic Chemicals
- Pool Chemicals
- Sharps – medical sharps can be dropped off at the Wellfleet Fire Station:
35 Lawrence Road
Wellfleet MA, 02667
- Smoke Detectors

PHARMACEUTICALS (unwanted medications)

Expired, unused, and unwanted prescription drugs are dangerous to the Wellfleet community if improperly disposed of. They can add unknown compounds back into the waste and water stream, and if kept, can increase chances of drug abuse and theft.

Follow these easy steps to properly dispose of your outdated or unwanted prescription drugs:

1. DO NOT FLUSH THEM DOWN THE TOILET.
 2. Pour medication into a sealable plastic bag. If medication is a solid (pill, liquid capsule, etc) crush it or add water to dissolve it.
 3. Add cat litter, sawdust, or coffee to the plastic bag (or any other material that mixes with the medication to make it less appealing for pets and children to eat).
 4. Seal the plastic bag and place it in the trash.
 5. Remove and destroy ALL identifying personal information on your medication container(s). Place containers in appropriate recycling bins at home or at the Transfer Station/Recycling Center.
- All Medical/Prescription Drugs information is taken from the Cape Cod Extension “Unwanted Medication Brochure” For the full brochure, [Click Here](#).

SHARPS: Medical Sharps - can be dropped off at the Wellfleet Fire Station:
35 Lawrence Road
Wellfleet MA, 02667